May 14, 2007


To: All participants in the Breakthrough Celebration, Compassion to Action.
May 15th through the 29th, 2007

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Join us daily!

Please print for your daily use.

“Thank you for your generous support.”

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PLEASE NOTE: For a detailed guided meditation for the Breakthrough Celebration, please send a blank email, from the email address you wish to receive the meditation, to: infinityaffinity-on@mail-list.com

To view Breakthrough Participants daily and group activity go here: http://www.commonpassion.org/partners

1. Peace Songs

"Be the Change," by James Twyman: http://www.emissaryoflight.com

"If I had One Prayer," by Karl Anthony: http://youtube.com/watch?v=BQeeZDkMCUQ

I'd like to suggest that each day of the Breakthrough Celebration, we listen/watch each of these before we join in heart and mind.
2. Concordance for World Peace (May also be held with specific geographic areas in heart-mind.)

“I relax into the presence of pure love, peace and harmony…in and around me. Peace prevails! Thank you Creative Presence for the feeling of oneness shared *now* in the hearts and minds of all life, all matter, water and form, and in Mother Earth herself. I flow in my days with love and compassion in my heart, peace and calm in my mind, balance in my step, and a sparkle of oneness in my smiling eyes.”

3. Concordance for Jerusalem

Concordance:

“I am One Heart, One Mind, One Love, with infinite variety and diversity of expression, all operating in a heart-space of compassion, forgiveness and oneness.”

Background/Visualization/Prayers:

The heart of the world lies within Jerusalem and she calls us, the disciples of the light, to come and gather around her in a unified, huge human hug. This powerful hug around the heart chakra of the earth quickly spreads through the web of love, igniting the heart energy all around the world. Over 5,000 people will physically be in Jerusalem hugging the Old City, and 10,000, 15,000 (and probably many more) will be hugging her in spirit.

Suggested visualization: People of Palestine, Israel, Lebanon and Syria, with the two sons of Abraham, Ishmael and Isaac, leading them, all holding hands while they form a vertical line on the east coast of Mediterranean. Walking towards the beach, they look at the descending sun as a symbol of bad days passed by. As the sun sets, these bad feelings, resentments and hatreds are released. They now feel compassion, unity and oneness as they hug each other, the Old City of Jerusalem, the Heart Chakra of the Earth, and the Earth herself.

4. Concordance for Darfur

Concordance:

“I am…wisdom, right use of power, forgiveness, right-action, collective strength, overflowing heart and love, healing, solace, sustenance, safety, security and transformation in light, love and service…NOW.”
Background/Visualization/Prayers:

A prayer for Darfur from the Muslim community

Shaykh Ibrahim Mogra, chairman of interfaith relations committee at the Muslim Council of Britain, has written this prayer for Darfur.

Bismillahi rahmaan iraheem

Verse 104 in Surah Al Imran of the holy Quran says that:

'And let there arise from amongst you, a nation which invites to goodness, enjoins what is right and forbids what is evil. Such are they who are successful.' (3:104)

O’ God! Let us here today be the people that invite to goodness, enjoin right, and forbid evil. O’ God! in you is the best consolation against any calamity, in you is substitute for every loss, and replacement for anything sorely missed.

O’ God! we trust in You, seek Your aid, and are hopeful of Your mercy.

O’ God! All Knowing, All Seeing, All Hearing, we ask you to comfort the hearts and minds of the people of Darfur, to give them patience, strength and solace. To give them hope, faith and light.

O’ God! we ask you to alleviate the oppression and end the atrocity. We ask that the killing stops, the bloodshed ends, that women and children are safe and healthy and happy.

O’ God! protect the people, and protect their helpers. Give the people of Darfur back their homes, their families, their communities, their humanity, and their hope and dreams for the future.

O’ God! put an end to the violence, the horror, the rape, the starvation, disease and mass slaughter of innocent victims.

O’ God! we ask that the international community wakes up in the face of crisis and acts quickly, and that a humanitarian crisis is not permitted.

O’ God! we ask that further genocide is prevented and that the world does not stand by and witness another holocaust, another Rwanda, or another Bosnia.

O’ God! we ask you to give our leaders wisdom, and the ability to use their power for good and not evil.

O’ God! forgive our selfishness, and enable us to feel Darfur’s pain, and enable us to (believe that we can) make a difference, and stand united and strong in the face of adversity.

O’ God! give us greater understanding, greater empathy, and the power to remember.

O’ God! purify our hearts and souls, banish racism and pride from our being.

Prayer for the people of Darfur by Rabbi Janet Burden

Av Ha-rachamim, Source of Compassion, You have created all your children in the Divine image. We are called upon to recognize Your essence in our fellow human beings and to hold their lives as sacred.
Your Torah teaches that we must not stand idly by the blood of our neighbors, nor turn away from their suffering. We are commanded to seek peace and pursue it – not just for ourselves, but also for all peoples. And so we pray:

Eternal God of truth and justice, grant wisdom to the powerful, that they may use their power to protect those who live in fear for their lives. Help those who govern remain ever mindful of the plight of the vulnerable. Give them the courage to act justly.

O God, You support the falling and who lift up those who are bowed down. You are ever present in the healing powers that You have implanted within Your creatures. Help those who remain in either physical or emotional pain, and may the sufferings of the afflicted soon be ended.

Chief Rabbi Sir Jonathan Sacks

Be with those who are working for peace,
Or tending the sick,
Or bringing food to the hungry,
Or shelter to the homeless,
Or hope to those are close to despair.

O God of justice and love,
Let us not be indifferent
To the cry of the persecuted
And the tears of those who have seen
Their homes, their families and their communities destroyed.

And may their plea and their plight
Reach the ears and hearts of those who have it in their power
To bring peace to a troubled region
And aid to a devastated people.

Archbishop Desmond Tutu

We pray that those who are causing death and misery in Darfur will turn away from racism and violence – may they be forgiven when they turn to You for guidance instead;

Teach us to rejoice in all the things we have in common and respect each others’ differences;

We pray that people everywhere will strive to live in peace, tolerance, and respect, no matter what their faith or race - may we gain the wisdom, grace, and generosity of spirit to overcome our differences and live as one.

5. Concordance for Iraq

Concordance:

“I am generous spirit of familial love and acceptance, blessed by peace and forgiveness, a soft heart overflowing with love, and a constant recognition of common humanity.”
Background/Visualization/Prayers:

Prayer for Peace with Iraq

Lord of hope and compassion, Friend of Abraham
Who called our father in faith to journey to a new future,
We remember before you the country of Iraq from which he was summoned
Ancient land of the Middle East, realm of the two rivers,
Birthplace of great cities and of civilization.
May we who name ourselves children of Abraham,
Call to mind all the peoples of the Middle East who honor him as father.
Those who guard and celebrate the Torah,
Those for whom the Word has walked on earth and lived among us
Those who follow their prophet, who listened for the word in the desert
And shaped a community after what he heard.
Lord of reconciliation, God of the painful sacrifice uniting humankind
We long for the day when you will provide for all nations of the earth your blessing of peace.
But now when strife and war are at hand, help us to see in each other a family likeness,
our inheritance from our one father Abraham.
Keep hatred from the threshold of our hearts, and preserve within us a generous spirit
which recognizes in both foe and friend a common humanity.
This we ask in the name of the one who came to offer us the costly gift of abundant life.
(In Arabic Abraham is often called "El Khalil" which means 'the Friend [of God]. Ur and Haran, the cities from which, according to Genesis, Abraham was summoned by God both lie within the territory of modern Iraq.)
(Alan and Clare Amos)
Iona Community – http://www.iona.org.uk/

6. Concordance for New Orleans

Concordance:

“We connect in Light, as ONE, for the Transformation and Healing of New Orleans. I am pure in heart, mind and spirit, and live my truth with courage, integrity and strength.”

Background/Visualization/Prayers:

New Orleans is in dire need of healing, as are many places. It might be convenient to ascribe a disaster such as has befallen New Orleans to karma or “God’s purification.” But this is also a lazy, insensitive and counter-productive to helping our down-trodden, hungry and hopeless brothers and sisters of New Orleans. The tragedy in New Orleans is far from over. In researching for the New Orleans’ Concordance, I was amazed I could find no prayers for New Orleans. If you know of any, please send them to me.
Meanwhile, please stay abreast of the progress of healing and transformation in New Orleans and do/be what you can to help our brothers and sisters there.

http://www.lifesite.net/ldn/2005/sep/05090111.html

7. Consciousness stream from CommonPassion.org Group Participants’ vision/mission statements:

freedom, power of love, expression, love, inner stillness, out peace, harmony, peace, oneness, uniting, harmonizing inner feminine/masculine, awakening to spiritual magnificence, transformational, spontaneous arising ecstatic agony of endless bliss, heart, world tree, flow of love and compassion, trust love, relax into love, relaxing into peace, venture into peace, live passion, abundance, wholeness, joy, peace prevails, peaceful Earth community, surrender, embracing, being, embrace/expand peace, peace in ourselves, health and well-being for all creatures, beingness connects with inherent harmony and peace of natural life, symphony of peace, truth, liberty, humor and style, life-force, Tree of Life, being peace, radiating peace, finding personal peace, loving-kindness, transform fear into faith, perfection, divinity in every being, heal Earth, respect, tolerance, stillness, gratitude, enhance balance, I am a divine being, humanity is divine, love is the way, unite our hearts, serve the greater good, global prosperity, universal light, forgiveness, dance-celebrate!, inner and outer peace, Reiki energy, world healing,, evolution of consciousness, breath, breakthrough, awareness of oneness with G-d, world peace, set wo-man free, lift up consciousness, love and intuition, intention, awaken spirit, growing light, awareness of balance and peace within, opening heart, flowing of heart, healing relationship, letting go, accepting what is, gratitude and bliss, joy, happiness, one voice, follow guidance, intuition, Deeksha, highest good highest light, clean healthy environment, connecting in light, transformation and healing, unconditional love, sweetness of life, bees, gathering nectar, all is well with the world, peace made manifest, presence of peace, divine love, presence heals, comforts uplifts, open heart flowing in grace, everything driven by highest potential which is oneness, love made manifest, inner peace expands elsewhere, water intention, allowing, accepting, envisioning, feeling, mindfulness, pure mind, simplicity, interconnections are unconscious, deeply relaxing into peace and harmony, no effort…